DavisVision®
by **Versant**Health®

Importance of an Eye Exam

Your yearly eye exam has *no co-pay* — schedule today!

Keeping an Eye on Your Health

Comprehensive vision care exams are an important part of keeping an eye on your health and can help in the early diagnosis of many chronic health conditions, including **high blood pressure, diabetes, and thyroid problems**[1].

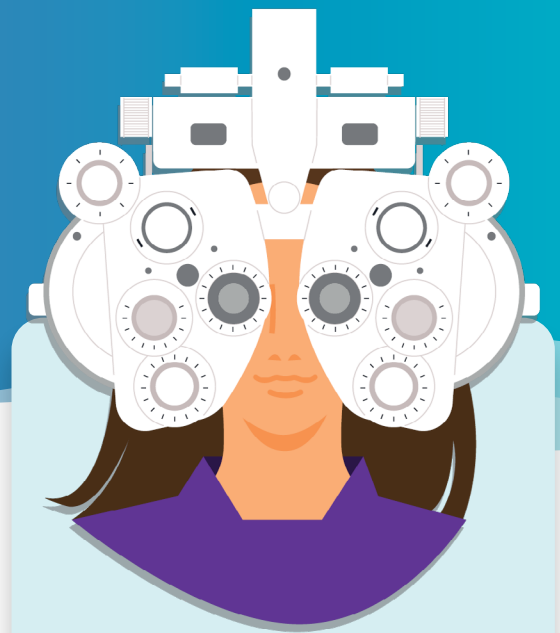## Detecting Health Conditions

You'd be amazed at what you can find out about your overall health by looking at your eyes.

For example, **nearly one-third of people who have high blood pressure don't know they have it**[2]. An ophthalmologist or optometrist can see swelling in the eye which may be linked to high blood pressure. They might also see compression in the blood vessels or damage to the nerves which may help diagnose you with high blood pressure.

Did you know what your yearly eye exam has *no co-pay*?

Schedule an exam today by visiting davisvision.com/locator to find an in-network provider near you.

Sources

1. Mukamal, R., Reviewed by Taylor, R.J. (Apr. 29, 2022). 20 Surprising Health Problems an Eye Exam Can Catch. American Academy of Ophthalmology. Retrieved Feb. 14, 2023 from https://www.aao.org/eye-health/tips-prevention/surprising-health-conditions-eye-exam-detects

2. What Is High Blood Pressure. (March 24, 2022). National Heart, Lung, and Blood Institute. Retrieved March 3, 2023 from https://www.nhlbi.nih.gov/health/high-blood-pressure